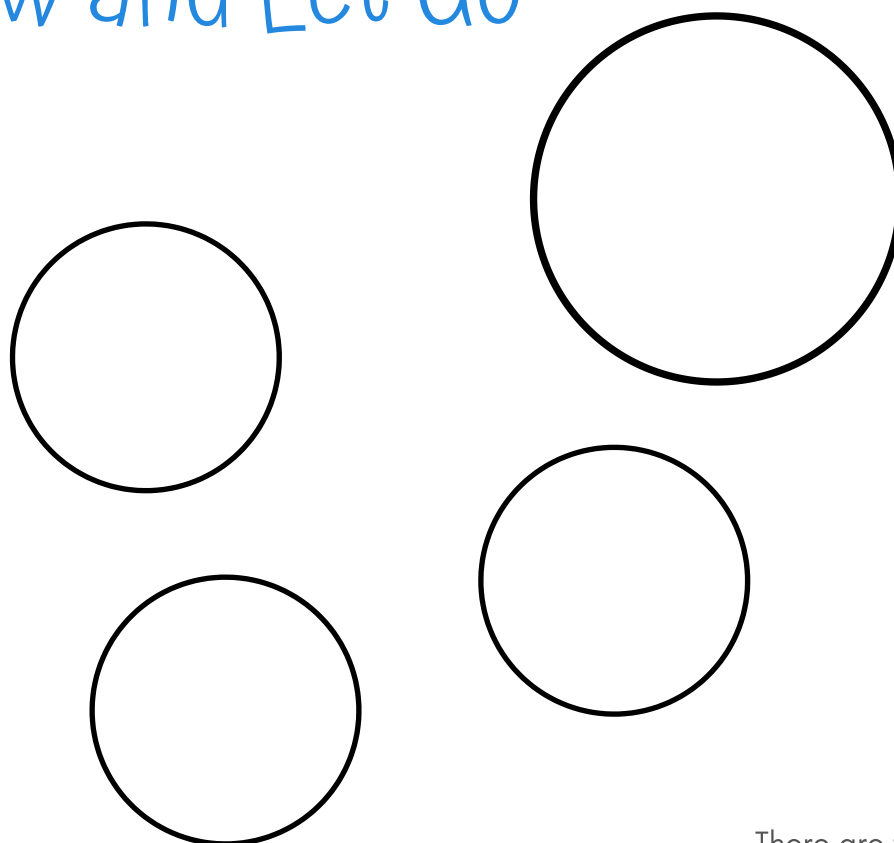


Grow and Let Go



There are things that we can control and things we can't control.

We might not be able to control how much homework we get. But we can control how much effort we put into doing the best we can.

It's helpful to put our time and energy into the things that we can control. These are things that help us grow.

The things we can't control are things we can let go.

What can help you grow and what can you let go?

Write the things you can control on the plants and the things you can't control on the bubbles.

